

# Trimcap™

**THE NATURAL WAY TO LOSE THE EXTRAS**



## **Putting your looks and health at risk?**

Being trim is not merely a matter of beauty. It is medically documented that an overweight person is more susceptible to health disorders including diabetes, hypertension, arthritis and cardiovascular diseases. Being overweight is associated with higher risks and vice versa. Hence taking a positive step to lose weight will make you look better and give you better health as well as overall well-being.

## **Fighting a losing battle?**

There are many rapid-weight-loss remedies that promise huge weight loss in a very short time span. However, weight lost during that period is regained after 12 months, plus a few kilos more! Most treatments also require the individual to continue with the programme indefinitely. And usually, it is a case of diminishing returns - the longer and more frequent the treatment, the less obvious the results.

Fortunately, there is now an alternative to rapid-weight-loss remedies - the Ayurvedic approach.

## **Ayurvedic - a trusted weight loss method**

Ayurveda is a system of self-care, containing techniques for determining and enhancing the unique constitutional balance of a person. In Ayurveda, herbs are combined to counter imbalance, not to fight illness. Ayurveda considers the whole person and takes into account all aspects of a person's well being. That is why it works so well when combined with a healthy diet and regular exercise.

## **Trimcap™ - the ideal Ayurvedic treatment**

Trimcap™ is formulated based on age-old principles of Ayurveda. It contains a carefully selected and unique combination of these traditional Ayurvedic herbs. These water soluble herbs work gradually to improve the body's constitution, break down fats, eliminate wastes and get rid of stubborn fat deposits and cellulite. Weight decreases at a safe pace, one in which your body can adjust to and maintain. When you arrive at your ideal weight keep it off, for good. Trimcap is safe and non-toxic.

## **The Five Way Action of Trimcap™**

Unlike many weight-loss formulas, Trimcap™ works through a unique combination of five synergistic actions:

- Reduces appetite and food craving
- Blocks the conversion of carbohydrates into fat stores
- Cuts triglycerides in the blood and enhances removal of blood cholesterol
- Improves stamina and improves energy to increase the rate at which the body burns calories
- Contains high fibre promoting bowel regularity and reduces fat absorption and enhances metabolism of fat

## **Trimcap™ contains five herbs that work in harmony**

*Garcinia Cambogia*. The rind of this herb, which is also commonly used as a condiment in Indian dishes, contains Hydroxy Citrate (HCA), a natural organic acid. Studies and research show that HCA increases glycogen synthesis in the liver and significantly reduces fat accumulation.

*Camellia Thea*. Its leaves are rich in a substance known as catechins, which is a form of condensed tannins. A clinical trial conducted in France showed that catechins caused significant reduction in waist measurement, weight and a drop in the rate of triglycerides in the blood. No side effects or sleep loss were reported.

*Withania Somnifera* helps to improve stamina and energy levels. It also increases the rate at which the body burns up calories.

*Boerhaavia Diffusa* improves gastric function and is a rejuvenator which means it revitalizes internal body organs. It enhances metabolism of fat, protein and carbohydrates, as well as detoxification and the elimination of wastes.

*Arachis Hypogea*. Is a pure source of fibre.

## **Recommended usage**

Two Trimcap™ capsules three times a day.

**IMPORTANT!** Capsules should be taken half an hour before meals for better results.

